



The Cleveland Hall Gazette

Summer 2009 (Supplement)

PUBLISHED FOR THE RESIDENTS OF CLEVELAND HALL ESTATES

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Family Emergency Kit



A family emergency kit should contain essential items your family may need in the event of a real emergency. The kit should be easily accessible, in a central location and have enough supplies to last three days. Here is a list of items you should include in an emergency kit:

- At least one large plastic container with a water-tight lid
 - Flashlight with extra batteries
 - First aid kit and manual
 - Non-perishable/pre-cooked food and a manual can opener
 - 3 gallons of drinking water per person (Rotate every six months)
 - Essential medications/spare glasses (Rotate frequently)
 - Cash and credit cards
 - Sturdy shoes
 - Several changes of clothes (Applicable to the season)
 - Several blankets
 - Re-sealable plastic bags and large trash bags
 - Duct tape and sheets of heavy plastic
 - Hand tools, such as screwdrivers, pliers, hammer, small pry bar, adjustable wrench, etc.
- Additional information is available at: "http://www.nashville.gov/oem/fp/fp_emergency_kit.htm"

Community Yard Sale



The Cleveland Hall Community Yard sale is scheduled for Saturday, October 3, 2009. An add will be placed in the Tennessean and residents are encouraged to have their items out and ready by 8:00AM that morning.

Tips for a Successful Garage Sale

1. A group sale is better than selling alone. More stuff draws more traffic.
2. Be prepared. Be ready to go the night before so that you don't have to rush around in the morning.
3. Plan your sale layout with customers in mind. Use marketing tricks to make your customers more likely to purchase your stuff!
4. Price things carefully.
5. Label things well.
6. Be friendly. Greet people as they arrive — chat if they're chatty.
7. Do not bad-mouth your items.
8. Be willing to bargain, but be less flexible at the start.
9. Keep a ledger. Jot down a description of each item and how much you sold it for.
10. Do not use a cash box. Keep your money on you at all times.

After the Community Yard Sale is over, there will be an organization located in the picnic/playground area to haul away unwanted items.



Community Pickup

The Davidson County Sheriff's Office will pick up bulk items and household items upon request. There are some items that cannot be picked up; batteries, televisions, tires, any household hazardous waste such as pesticides, paint, thinner, stains etc. Call 880 3897 to schedule.

The annual picnic has been scheduled for Sunday, October 4th from 3 to 7 in the picnic area. Kendall Poole will be coordinating the event and has asked for volunteers to assist. If you are interested, please call Kendall at 847 5500.

We would also like to get a count of neighbors who will be attending so we can ensure we have enough food and goodies on hand. Please call or email Kathy Holbrook at Sentry management and let her know you will be attending and how many in your family. Thank you.



Old Hickory Public Library

1010 Jones Street,
Old Hickory, TN 37138
Phone 615 862 5869

Library Hours

Monday/Wednesday	9:30 – 5:30
Tuesday/Thursday	12:00 – 8:00
Friday/Sunday	Closed
Saturday	9:00 – 5:00

FIRE SAFETY:

From candles to cooking to electrical wiring to home appliances, there are potential fire hazards at every turn within our homes. In recent years, unintentional fires have killed an average of 2,500 people, injured more than 13,000, and caused \$5 billion in property damage. Learn how to protect your family and home from fire hazards.

Get an Early Warning: Have a working smoke alarm placed on each level in the home outside bedroom areas and inside every bedroom. Never disconnect batteries from smoke alarms, and move them away from kitchens or bathrooms. Replace the batteries once a year, for example during daylight savings time, or when they “chirp.” Replace smoke alarms every 10 years.

Plan Your Escape: Help those who need help. Children and the elderly may not hear smoke alarms. Consider this as part of your escape plan. Plan your escape route and practice leaving your home. Decide on one place outside where family members should meet.

Steps You Can Take to Prevent Fires: Have your heating system, water heater and any other fuel-burning appliances serviced by a qualified technician every year. Keep portable heaters, smoking materials and candles away from bedding, curtains or other combustibles. Keep lighters and matches out of the reach of children. Keep a close eye on what you're cooking. Cooking equipment accounts for the highest percentage of fires.

Child Safety Resources:

[Magnet Safety Alert.](#)

A one-page alert describing the dangers of magnets and injury prevention tips.

[Which Helmet for Which Activity?](#)

There are different helmets for different activities. Each type of helmet is made to protect your head from the impacts common to a particular activity or sport. This publication helps you choose the correct helmet.

[Preventing TV and Furniture Tip-Over Deaths.](#)

A full-color safety alert offering tips on preventing furniture or TV tip-overs.

[Home Playground Safety Handbook.](#)

Safety information you need to know about planning, constructing, and maintaining an outdoor home playground.

[Check Your Childcare Center.](#)

A checklist for parents and caregivers on childcare safety.

This information is available at: “<http://www.cpsc.gov/nsn/child.html>”



The Music City Star is scheduled to run from Lakewood to downtown and back each day for a two-week trial run from Tuesday, October 13 through Friday, October 23. The train will depart Lakewood at 7:10 a.m. and arrive at Riverfront at 7:40 a.m. and will depart Riverfront at 5:10 p.m. and will arrive in Lakewood at 5:40 p.m.

Some Cleveland Hall residents may want to ride the train to and from work. This will also create some additional noise for those residents that live on Station Four and back up to the railroad tracks.

Information:

Cleveland Hall Board members:

Faye Ellis, President - 884 9070
Kendell Poole, Vice President - 847 5500
Ray Baggett, Treasurer - 541 0107
John Ford, Secretary - 541-0402
Andy Dunn, Director - 847 1384
Property Manager; Kathy Holbrook
615-269-7016 ext 204

We would like to email as much information as possible to reduce our postage costs. Please forward your email address to Kathy Holbrook at Sentry Management or to one of the board members. Thank you.

To pay online, go to “sentrymgt.com” then in the right hand corner you will see payment center

Metro Police	
Emergency	911
Non-emergency	862-8600
Precincts:	
Central	862-7611
East	862-7600
Hermitage	880-1776
North	862-4410
South	862-7744
West	862-7747
Metro Fire Dept	
Emergency	911
Non-emergency	862-8585
Other	
Dept. of Public Works	862-8750
Metro Council	862-6780
Office of the Mayor	862-6000

From The Editor:

We hope you enjoy receiving the Cleveland Hall newsletter and if you have any items that you would like included or suggestions on how to improve it, please contact any board member.